

## Food and Fun Evaluation

### Parents Follow-up Questionnaire

Combined results from Bramble Brae, Torry/Tullos, Woodside

#### Parents Follow-up Questionnaire

- 79 parents in total completed a questionnaire
- 21 from Bramble Brae, 41 Torry/Tullos, 17 from Woodside
- Not all questions were completed, % are shown for completed questions

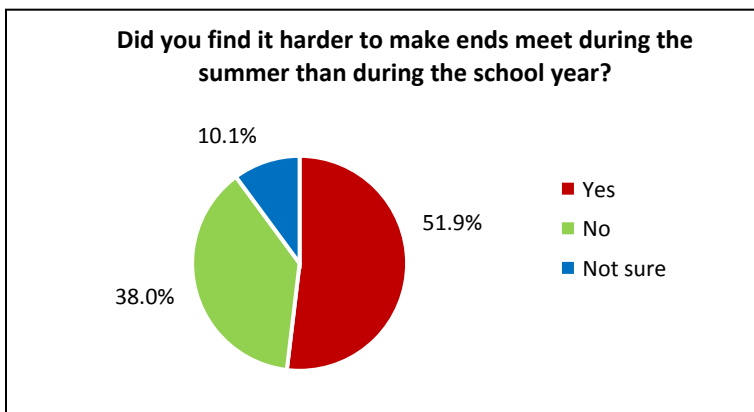
#### Summary of parents' questionnaire findings

- Over half of parents (41/79) said they find ***it harder to makes ends meet*** during the school summer holidays
- Over 80% (63/78) ***spend more on food*** during the summer holidays
- Almost a third (26/79) sometimes find themselves ***without enough money to buy food***
- 84% (53/63) ***spend more on activities*** than usual
- Overall satisfaction with the Food & Fun programmes was high. 98.4% of parents (60/61) indicated that their child enjoyed coming to food & fun (n=1 was “not sure”) and were happy with the activities on offer (93.4%)
- 28 (41.8%) said their child's behaviour at home was better since going to Food & Fun
- Over 97% of parents who completed a questionnaire said they would be happy like their child to attend Food & Fun in the following year

#### Q1. Did you find it harder to make ends meet during the summer than during the school year? N (%)

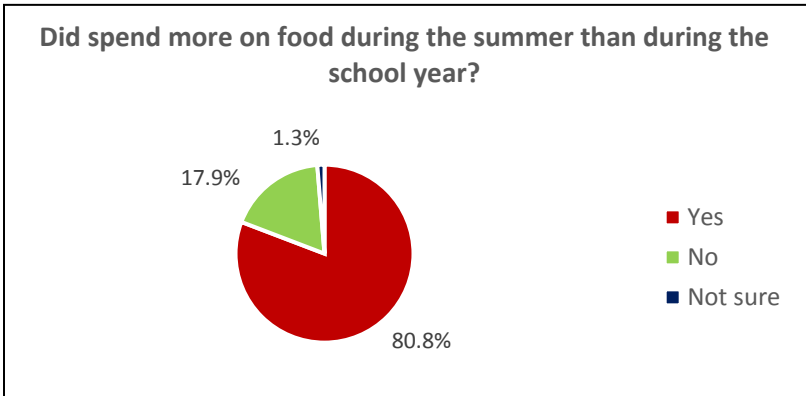
	Yes	No	Not sure	Total
Bramble Brae	9 (42.9)	12 (57.1)	0	21
Torry	21 (51.2)	14 (34.1)	6 (14.6)	41
Woodside	11 (64.7)	4 (23.5)	2 (11.8)	17
Total	41 (51.9)	30 (38.0)	8 (10.1)	79

Note: % shown are for each location



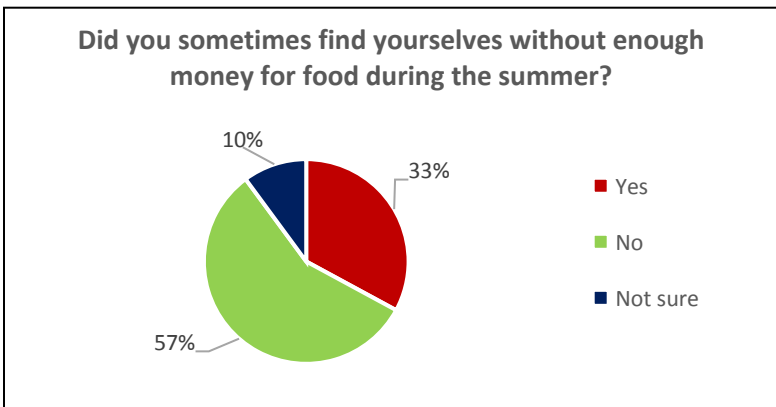
**Q2. Did spend more on food during the summer than during the school year? N (%)**

	Yes	No	Not sure	Total
Bramble Brae	13 (65.0)	6 (30.0)	1 (5.0)	20
Torry	34 (82.9)	7 (17.1)	0	41
Woodside	16 (94.1)	1 (5.9)	0	17
<b>Total</b>	<b>63 (80.8)</b>	<b>14 (17.9)</b>	<b>1 (1.3)</b>	<b>78</b>



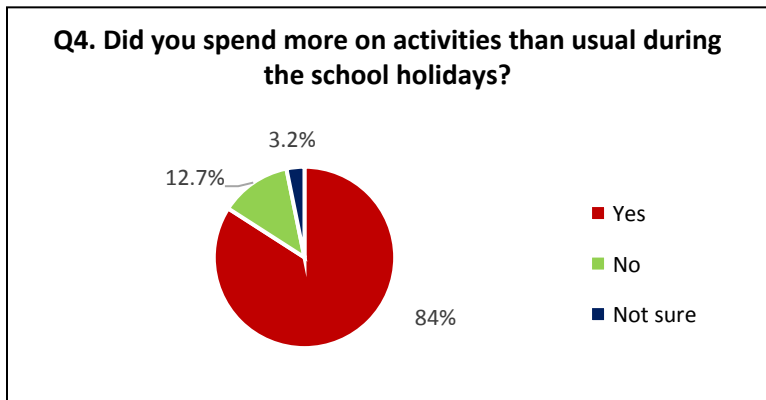
**Q3. Did you sometimes find yourselves without enough money for food during the summer?**

	Yes	No	Not sure	Total
Bramble Brae	8 (38.1)	10 (47.6)	3 (14.3)	21
Torry	8 (19.5)	29 (70.7)	4 (9.8)	41
Woodside	10 (58.8)	6 (35.3)	1 (2.1)	17
<b>Total</b>	<b>26 (32.9)</b>	<b>45 (57.0)</b>	<b>8 (10.1)</b>	<b>79</b>



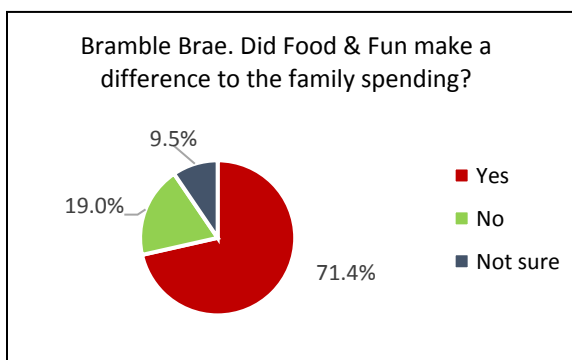
**Q4. Did you spend more on activities than usual during the school holidays?**

	Yes	No	Not sure	Total
Bramble Brae	11 (55.0%)	7 (35.0%)	2 (10%)	20
Torry	25 (26.2%)	1 (3.8%)	0	26
Woodside	17 (100%)	0	0	17
<b>Total</b>	<b>53 (84%)</b>	<b>8 (12.7%)</b>	<b>2 (3.2%)</b>	<b>63</b>



**Q5. Did Food & Fun make a difference to your family spending in the summer holidays? N (%)**

	Yes	No	Not sure
Bramble Brae	15 (71.4%)	4 (19.0%)	2 (9.5%)



**Q6. Did your child enjoy coming to Food & Fun?**

- 98.4% of parents (60/61) indicated that their child enjoyed coming to food & fun (n=1 was “not sure”)

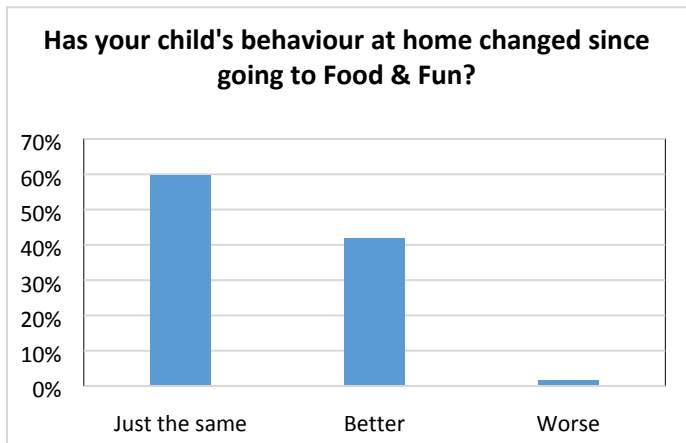
**Q7. How do you rate the activities at Food & Fun?**

- Overall 57/61 parents indicated that they were Happy with the activities on offer (93.4%)

	Happy	Not Sure	Unhappy	Total
Bramble Brae	18 (90%)	1 (5%)	1 (5%)	20
Torry	23 (95.8%)	1 (4.2%)	0	24
Woodside	16 (94.1%)	1 (5.9%)	0	17
<b>Total</b>	<b>57 (93.4%)</b>	<b>3 (4.9%)</b>	<b>1 (1.6%)</b>	<b>61</b>

**Q8. Has your child's behaviour at home changed since going to Food & Fun? Is it?**

	Better	Worse	Just the same	Total
Bramble Brae	5 (25.0%)	1 (5%)	14 (20%)	20
Torry	14 (35%)	0	26 (65%)	40
Woodside	9 (52.9%)	0	8 (47.1%)	17
<b>Total</b>	<b>28 (41.8%)</b>	<b>1 (1.5%)</b>	<b>40 (59.7%)</b>	<b>67</b>



**Q9. If the Food & Fun holiday club was to run next year, would you like your child to go?**

	Yes	No	Not sure	Total
Bramble Brae	18 (90%)	2 (10%)	0	20
Torry	39 (100%)	0	0	39
Woodside	16 (100%)	0	0	16
<b>Total</b>	<b>73 (97.3%)</b>	<b>2 (2.7%)</b>	<b>0</b>	<b>75</b>

- Over 97% of parents who completed a questionnaire said they would like their child to attend Food & Fun in the following year

## Free text comments

### What was the best thing about Food & Fun?

#### Food & activities

- *It was good they got packed lunches. The trips was good.*
- *Pack lunches being provided and going trips helped a lot*
- *Got nice food and did lots of activities*
- *Getting a meal and going to parks*
- *My children enjoyed the games and sandwiches*
- *The reason I allowed him to attend was to socialise and have fun. The food aspect is below the standard*

#### Costs

- *The kids thoroughly enjoy going on trips and the pack lunches helped keep extra food costs down.*
- *free sporting activities that the children got to try out*
- *A couple of hours my son got to see his school friends and have fun and it was free*
- *He had something to do on rainy days and the money I saved with him going to club meant I had money for other treats and activities. Also the chance to see his friends*
- *Activities that were offered. Great staff did great. Filled up the 7 weeks and I couldn't afford holiday - great idea*

#### Specific activities and play

- *He enjoyed playing sports like football with other kids*
- *Our son says he gets to play outdoors and he gets to play team games*
- *My son got a chance to play with his school friends (which he may not have had the chance to without the club).*
- *The children get to socialise with friends in the holidays - children have great fun and exercise*
- *My daughter enjoyed the arts and crafts*
- *Adventure Aberdeen, football*
- *The choices of activities they did this year was fab. It took up their time and gave them something to look forward too and help pass the 7 weeks*
- *Adventure Aberdeen, gym hall activities, kept them occupied*

#### Other benefits

- *I got peace and quiet*
- *My child got to meet other children and it took him away from the door as he is not allowed to play on his own because two of the neighbours have a pick on him and have called the police three times this holiday already and all because he is loud and noisy.*
- *L gets to see her friends and also mix with other children, she won't feel so nervous going back to school.*
- *The kids really enjoyed going and having fun and couldn't wait to come back every week*
- *Close location and children the same age as my son.*
- *My 3 children just loved Food and Fun. My son has autism and this club has helped big time with giving him routine. My girls also loved being able to socialise with their school friends*
- *T enjoyed the golf and swimming sessions. All helpers were very friendly and Tyler loved going. It made my life easier as Tyler comes to work with me so the 2 days at club meant we both got a break and resulted in happier family for the summer*

### **Do you have any suggestions to improve Food & Fun for the future?**

- *None they do a brilliant job; Everything was fantastic; nothing though it was really well ran*
- *More and different trips; More activities;*
- *More days a week*
- *I think the older group are fantastic but maybe arrange a couple of day trips for the younger ones. e.g. trips to park with parent help*
- *make it a wee bit longer and let the little ones go out on outings i.e. parks etc*
- *Baking - he would have loved that and just dance on wii, yoga, clay modelling, movie time*
- *Is it possible if there is space in any sessions to open up to allow older/younger kids into other sessions? This would help working parents like myself*
- *great job - fantastic idea - thank you to all involved :-)*
- *No as S is always excited telling me what he has done that day going home in the car. Just to say that the staff have done a wonderful job with S and I am very grateful for the time he has had with other children without family to be with him 24/7 - far fewer the police are called and that S has been allowed to express himself without any questions or stress*
- *extra days, longer sessions; longer sessions and day trips*
- *Yes - would be better if it was on from 9.30 - 12.30 instead of just the 2 hours*

Not all were positive –

- *Would be to advertise the play scheme earlier as a few parents from Walker Road were unaware*
- *The organisers should ensure the food served during food and fun should meet standard health and safety. My son always complained of stomach pain/ache. I immediately stopped him from attending the programme*




## Children's Questionnaire

- A total of 112 children who attended the Food & Fun summer holidays programmes AND completed a questionnaire
- 30 from Bramble Brae, 61 from Torry/Tulllos and 21 from Woodside

### Summary points




- Overall the children were happy (86%) with attending the Food & Fun summer holiday clubs
- Over 82% were happy with the food on offer
- Over 92% were happy with the activities
- Overall, the majority of children were happy with the taste (96%), choice (87%) and amount (94%) of food on offer

### Q1. What do you think of the Food and Fun club?




				Total
Bramble Brae	26 (92.8%)	1 (3.6%)	1 (3.6%)	28
Torry/Tulllos	49 (80.3%)	12 (19.7%)	0	61
Woodside	20 (95.2%)	1 (4.8%)	0	21
<b>Total</b>	<b>95 (86.4%)</b>	<b>14 (12.7%)</b>	<b>1 (0.9%)</b>	<b>110</b>

Note: % shown are for each location

### Q3. What did you think of the food?

				Total
Bramble Brae	25 (83.3%)	5 (16.7%)	0	30
Torry/Tulllos	48 (80%)	11 (18.3%)	1 (1.7%)	60
Woodside	19 (90.5%)	2 (9.5%)	0	21
<b>Total</b>	<b>92 (82.8%)</b>	<b>18 (16.2%)</b>	<b>1 (0.9%)</b>	<b>111</b>

### Q4. What did you think about the activities?

				Total
Bramble Brae	25 (86.2%)	4 (13.8%)	0	29
Torry/Tulllos	52 (86.7%)	6 (10%)	2 (3.3%)	60
Woodside	21 (100%)	0	0	21
<b>Total</b>	<b>98 (92.1%)</b>	<b>10 (9.1%)</b>	<b>2 (1.8%)</b>	<b>110</b>

### Q6. At lunch time, which of these things are you happy or unhappy with?

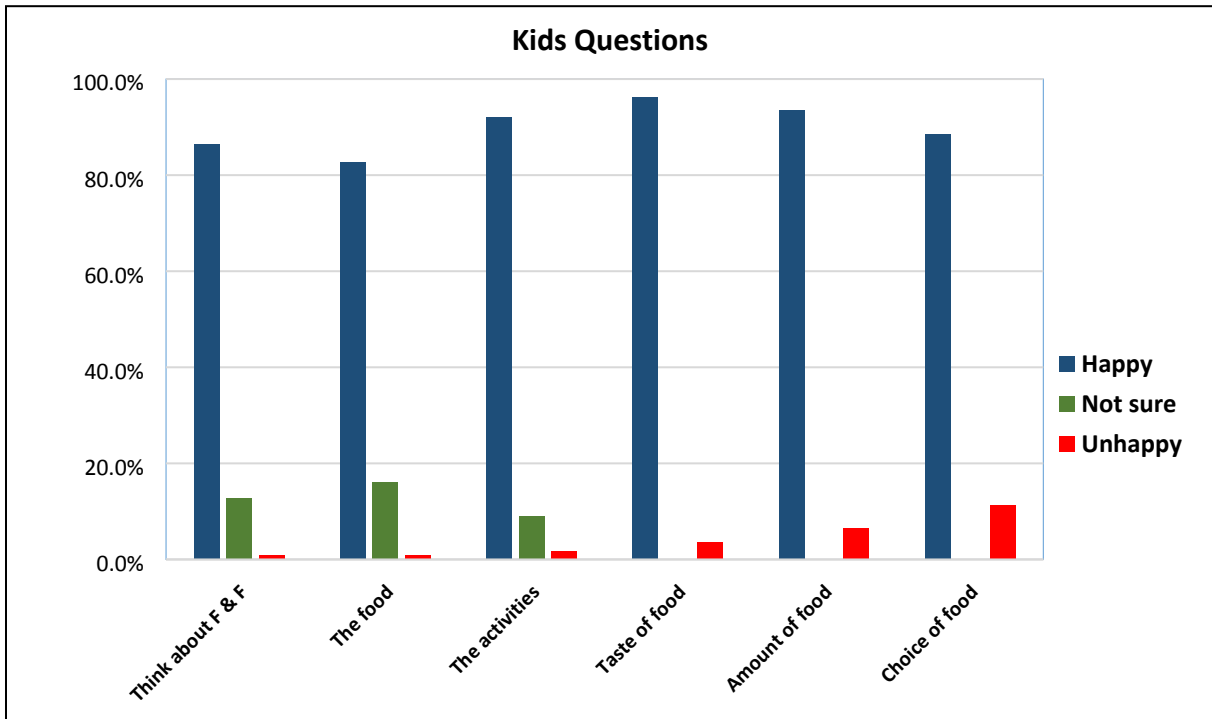
TASTE OF THE FOOD			
	😊	☹️	Total
Bramble Brae	29 (100%)	0	29
Torry/Tullos	54 (94.7%)	3 (5.3%)	57
Woodside	20 (95.2%)	1 (4.5%)	21
<b>Total</b>	<b>103 (96.3%)</b>	<b>4 (3.7%)</b>	<b>107</b>

AMOUNT OF FOOD			
	😊	☹️	Total
Bramble Brae	27 (93.1%)	2 (6.9%)	29
Torry/Tullos	52 (91.2%)	5 (8.8%)	57
Woodside	21 (100%)	0	21
<b>Total</b>	<b>100 (93.5%)</b>	<b>7 (6.5%)</b>	<b>107</b>

CHOICE OF FOOD			
	😊	☹️	Total
Bramble Brae	25 (89.3%)	3 (10.7%)	28
Torry/Tullos	47 (83.9%)	9 (16.1%)	56
Woodside	21 (100%)	0	21
<b>Total</b>	<b>93 (88.6%)</b>	<b>12 (11.4%)</b>	<b>105</b>





## Children's comments

### Q2. What was the best thing about the Food and Fun club?

There was a wide range of responses from the children to this question. Comments have been selected to give an overview and grouped together below.

**Food** - Food; BBQ, Crisps, Hamburger was tasty, Hotdog, I like going to park and I like the sandwich, Yoghurts were fine, How they give us nice food; They gave you two juices; The football was the best thing and the fruit; the best thing about the food is that I like apples and fruit; sandwiches

**Playing with friends** - Going to parks with my chums; That I got to see my friends and make more friends; Playing with my best friend; Art and craft and making new friends going outside; That we can sit with our friends and that they activities are good; Other kids and staff were nice

**Activities** - playing football; bowling was the best; Hoodles play barn; going swimming; Adventure Aberdeen; Arts and crafts because you can do and use anything; the gym hall; Playing basketball; Dodgeball; Loved playing football and on the bikes; the bouncy castle

Quite a few were non-specific and said, "all of it"; "Everything"; "lots of fun"; I was happy with everything; "The food was good. I liked when we went outside to play"; "Going on the trips. Loved we got different kinds of sandwiches."; "I loved the trip to Arbroath, the food was very tasty"

### Q5. What activities did you like THE MOST?

There was no overwhelming favourite activity, although most were related to being physically active. The wide range of activities chosen by the children and entered into the questionnaires included -

- Playing outside was a regular theme for many of the children

Football; The park; Farm at Aden park; Bowling; Hoodles; Rounders; Landmark; swimming; yoga; arts and crafts; cheesy pasta; dodge ball in the gym; golf; adventure Aberdeen; fun games; drawing; skipping; I liked doing Zumba; basketball; colouring in; Dodgeball/capture the flag/football: the obstacle course; hide and seek; Playing outside; Play on the bouncy castle; Playing on the bikes

- "They were all ace"
- "I loved it all because all staff are good"
- "Playing on the bikes was fun. They were all good"

## Q7. Do you have any suggestions for next year at Food and Fun?

- Quite a few had no suggestions for changes, *"Nothing because it is so good"*

**Food** - Different food; Orange juice; Different sandwiches; Chipper; I'm a fussy eater; pizza/burger king/chips; Cheese puffs, haribo's, apple juice; different flavours of crisps; McDonalds; change yoghurt and fruit; Flavoured water; carton of juice

**Activities** - go outside more; play outside, play on climbing frame; Maybe let the kids choose where to go; more swimming; golf, swimming, adventure Aberdeen; basket ball; hockey; more arts and crafts; take our pets in (A dog); football; Gymnastics; To go on a trip; Exercising; Dolphin adventure; Baking/painting; Maybe designing a t-shirt